
TEA TALK:

NEWS FROM ACQUIRED TASTES TEA COMPANY

Issue 2

January 1998

Greetings Tea Lovers!

The cold season is upon us, and nothing hits the spot like a nice cuppa tea. Read on to learn about the events planned at Acquired Tastes over the next few months, and what new teas we've located for you. Thank you to those of you who gave me suggestions for this second issue. Hope to see you soon!

Colleen

What's New?

We have been listening to your requests, and here are some new items in the store:

Bulk Teas:

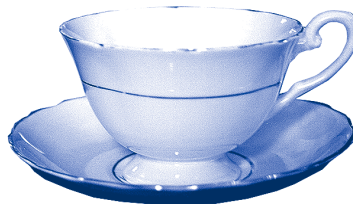
Republic Chai, Angel's Dream Tea (a blend of blackberry, maple, black & green teas), Honey Tea, Ginger Tea & Pu-Er. As well, Market Spice tea should be available again in February.

Also New:

- A few of Murchie's tea blends, including the #10 blend and the Empress blend.
- *TEA - A Magazine*, devoted solely to - you guessed it - Tea! New issues come out every two months.

Other tea requests are kept in mind & appear in the store from time to time, so be sure to check in occasionally to see if your favourites are available.

ACQUIRED TASTES
TEA COMPANY



"Savouring the Good Life"

Valentine's Day

Looking for something different to give your sweetheart this year? Acquired Tastes has some gift ideas:

- ◆ Honey Tea
- ◆ Rose Tea
- ◆ Passionfruit Tea
- ◆ Cinnamon Tea (similar to cinnamon heart candies)
- ◆ Romance Blend tub tea (Soothing tea for the bath)
- ◆ Champagne Jelly
- ◆ Heart shaped tea infusers to go with their favourite blend.

Did you know?...

Many people refer incorrectly to High Tea when they ought to say Afternoon Tea, or just plain "Tea". Afternoon tea is the dress up affair held at 4 p.m., with dainty scones and cakes. High tea is a plainer event, served about 6 p.m., and is similar to supper. The menu is heartier, including cold meats, savouries, and hot dishes. So don't be fooled by the name!

Upcoming Events Tea Tastings

Our first tea tasting, held last September was fun and educational, and gave local tea enthusiasts a chance to meet one another over a cup of tea.

We have set the dates for our next two tastings, where we will sample different teas & learn a bit about them.

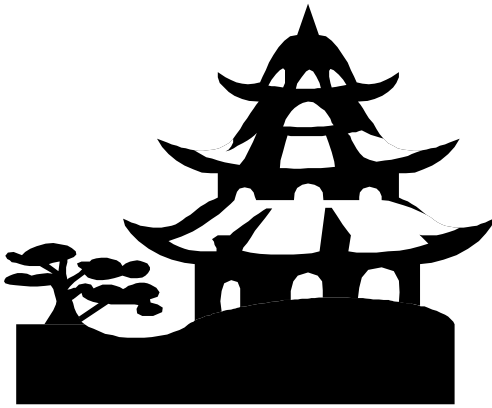
Feb. 12, 7 p.m. Theme: Tea around the world.

March 26, 7 p.m. Theme: Colleen's favourite teas.

Cost is \$3 per person. Attendance is limited, so please register early to avoid disappointment. Call or register at the store. Interested in attending an introductory tea tasting? We know that many people wanted to attend our first tasting, but could not make it. One of our future tea tastings will be a repeat of our first event, so that participants can sample one tea from each major tea category.

Celebration!

March marks Acquired Tastes' first anniversary. On Saturday, **March 7**, from 10 a.m. to 6 p.m., stop by to celebrate with us. Tea will be served, and we will have store specials and a door prize to mark the event.



"I am in no way interested in immortality, but only in the taste of tea."
-Lu Tung

Tea Recipe

Tea Latte

If you enjoy drinking latte's made with the "other" hot beverage, try making one with tea. Very tasty!

6 teaspoons of English Breakfast tea

4 cups of water

1 oz of almond syrup per cup

2 cups of milk

Nutmeg, to taste

In a saucepan, bring the water to a boil. Turn off the heat, and add the tea. Cover & let steep for about 5 minutes. Meanwhile, steam the milk in your espresso maker. If you do not have an espresso maker, you can get the same taste if you heat the milk in the microwave, and try to whisk it into a bit of a froth. Pour the brewed tea into latte mugs, until approximately half full. Add one ounce of almond syrup to each mug, and stir. Top the lattes with the steamed milk. Sprinkle nutmeg on top if desired.

Makes 4-6 servings.

To reduce the calories of this recipe, try using skim milk instead of whole milk.

To make a similar latte, without requiring almond syrup, try using a strong brew of The Republic of Tea's "Vanilla Almond tea" as your base tea.

Happy sipping!

Q & A:

Q: When pregnant, what teas can I drink?

A: Often women are encouraged to decrease their caffeine intake during pregnancy. While tea has much less caffeine than coffee, some sources recommend limiting your regular black tea consumption to 2 cups per day. Another option is to drink decaffeinated tea, or green teas which have less caffeine than black. Some sources recommend avoiding certain herbs during pregnancy, such as hibiscus, sage, and tansy. Sometimes it is difficult to avoid these, and other such herbs, when drinking herbal blends. Therefore, for the sake of caution, you may want to avoid most blends altogether, unless you are positive that each herb it contains is safe for you. Among the herbs thought to be safe or even beneficial for pregnancy are chamomile, ginger root & raspberry leaf. OF COURSE, BEFORE DECIDING ON ANY COURSE OF ACTION, CONSULT YOUR DOCTOR.

Feature Tea

Pu-Er Oolong Tea

Known best as a medicinal tea said to aid digestion & lower cholesterol, this Chinese tea from the Yunnan area is a new bulk tea for Acquired Tastes. Pu-Er is an oolong (semi-fermented) tea which is famous for its musty or earthy flavour. (An acquired taste). The method of processing Pu-Er is kept secret, but it is one tea that actually improves with age. Pu-Er is best enjoyed after or during dinner.

Acquired Tastes Tea Company

12516 – 102 Avenue

Edmonton, AB, T5N 0M3

Phone: (403) 414-6041

Fax: (403) 482-0200

Email: acquired@compusmart.ab.ca

Store hours: Daily 10 a.m. – 6 p.m.

Thursdays 10 a.m. – 8 p.m.

Closed Sunday